**Coach: Edmond Khoo**

*Coachee S/No.: 701*

*Period of Coaching: March 2020 to January 2021*

*Number of Sessions: 9*

*Number of Hours: 16*

*Average Duration per Session: 1 hour 46 minutes*

TESTIMONIAL

*by Coachee who is a Deputy Director, Public Sector Organisation, Singapore*

My coaching sessions with Mr. Edmond Khoo created a period of high personal and professional growth. Each session with him was structured, but flexibly so; and came with clear, mutually-agreed outcomes. Each session usually began with questions from him to lead me to rethink deeply about past experiences. Reflections facilitated by him empowered me to reframe mental paradigms to be more effective at home and at the workplace.

Edmond has enriched my life the most out of the 3 coaches whom I have worked with. His prior work experience as a senior management staff of an institution with more than 1700 staff means that he has more than experienced the leadership and professional challenges that his coachees are likely to face.

Though experienced, his humility and coachee-centric approach lead him to focus conversations on his coachee’s unique developmental needs. He is principled but gentle when expressing his views. His distinct personality mix of being people-oriented, amicable, insightful and yet outcome-driven created safe and productive coaching experiences for me. I am grateful for his guidance during our shared journey.